

Nº7

### Recycle

Recycling waste means less waste goes into landfill sites. Rubbish dumps, with their rotting waste, create methane – a greenhouse gas. Plus, if you recycle, less stuff has to be made, so fewer natural resources will get used up.



Nº8

### Switch Off

It only takes a second to switch off your TV / computer / lights / stereo. If everyone does it, we will use up less energy. Less energy means less fossil fuel is burned and fewer greenhouse gases escape into the atmosphere.



**Junior Polar Traveller logo  
(Needs to be a button/link)**